

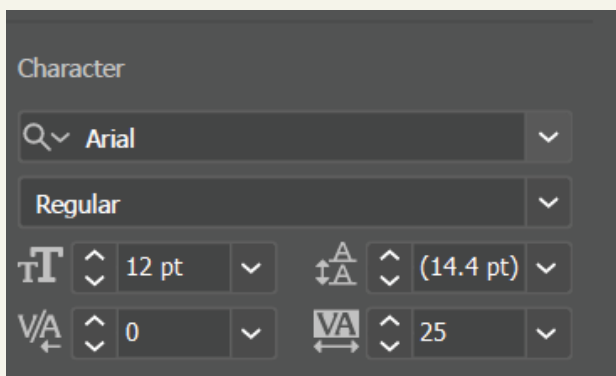
This template has been designed with all students in mind to ensure better understanding of the technical workshops.

Please follow these guidelines to ensure that consistency is across all handouts.
the Dyslexia guidelines have been implemented

Font: Arial.

Size: 12-14pt.

Spacing: interword spacing should be 3.5 times inter-letting spacing. That is
approximatley '25' in 'VA' in text properties



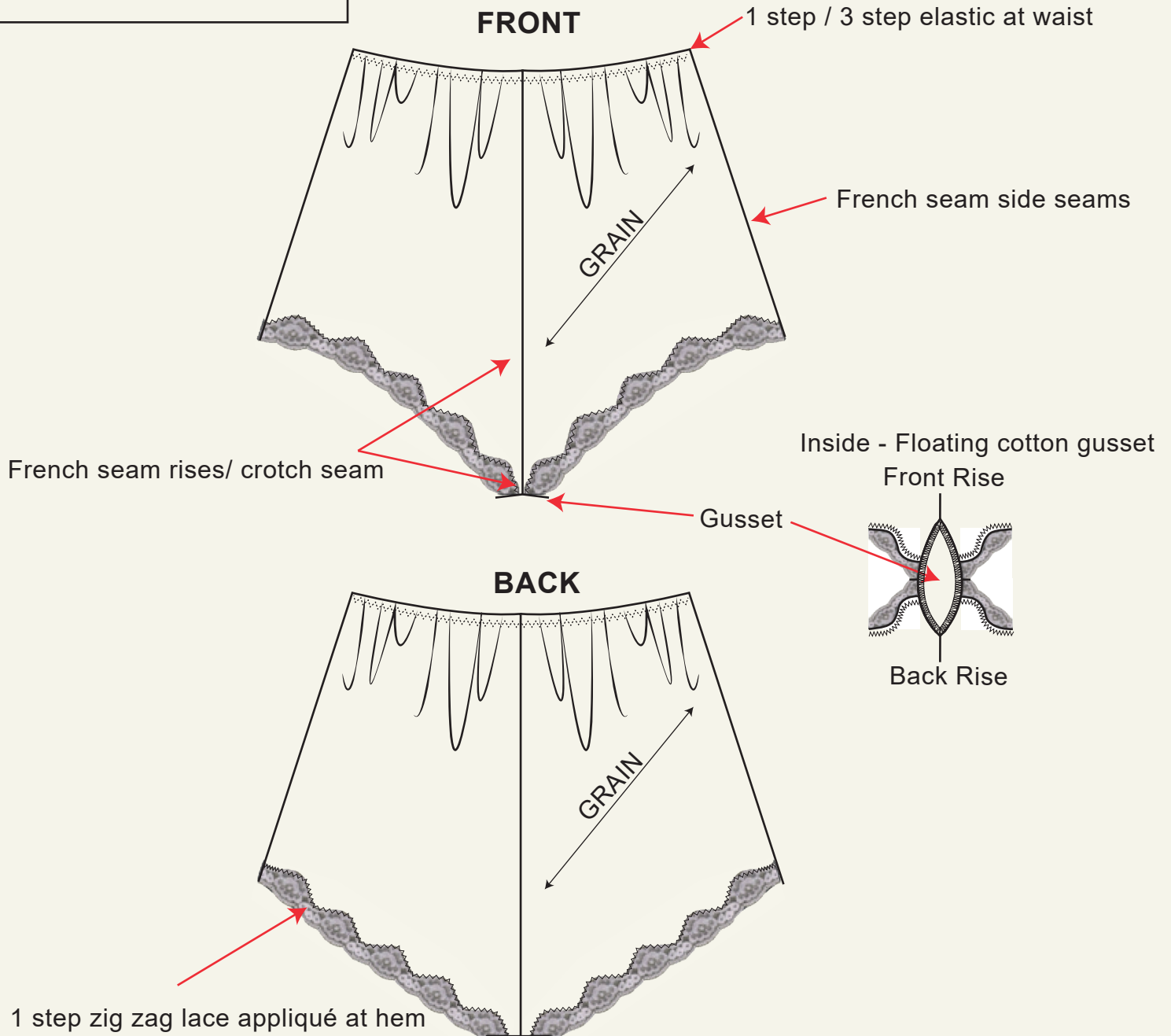
Background colour : #f5f5eb / Pantone 11-4302 TCX 'Cannoli Cream' You can use this background for ease, or swatch the below pantone card.



Avoid underlining and italics.

Avoid using capital letters for continuous text

This is an example of how the front page should look.
A clean, annotated drawing

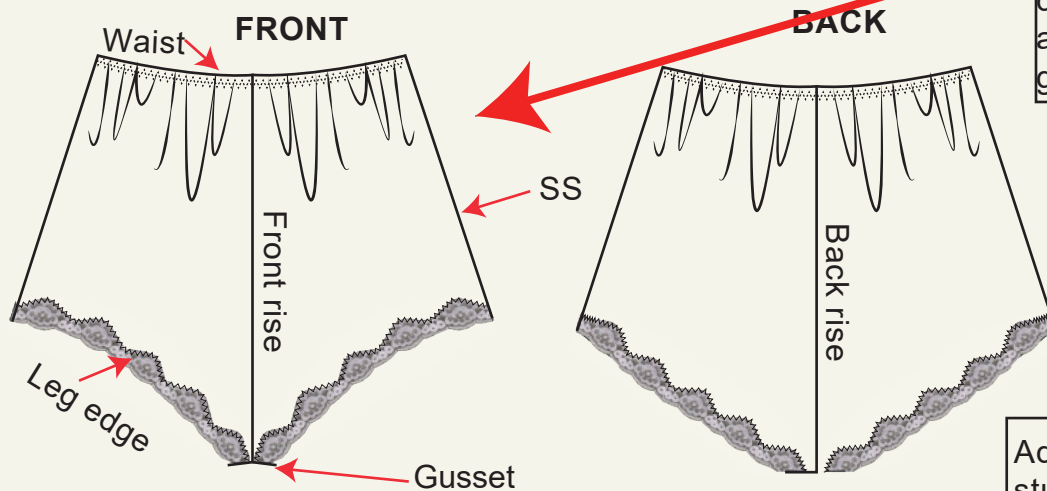


FRENCH KNICKER WORKSHOP

Glossary

SS - Side seam
CF - Centre front
CB - Centre back
UA - Underarm
TOW - Top of wing
BOW - Bottom of wing
UB - Underband
SA - Seam Allowance

Delete or add glossary words as necessary.



A smaller technical drawing explaining appropriate parts of the garment.

Add the 'key techniques' students will learn in this workshop as part of their learning outcomes

In this workshop, we'll work together to create a (INSERT SAMPLE HERE). You will learn key techniques, including:

-
-
-

Important Note

For the purpose of submitting your work, please follow the construction method shown by your technical staff. This helps make sure everyone is working to the same standard for assessment.

That said, there is often more than one correct way to construct a sample to an industry standard. As creative practitioners, we all have different ways of working, and that's a strength. The method shown in this session is just one approach. If you're interested in learning other techniques, or if you have a preferred method that supports your learning or creative process, feel free to speak with a technician or tutor. We're here to support different learning styles and ways of making.

Please do not change this disclaimer - we will work on wording that suits everyone in due course

Cutting Instructions.

Items Required:

- Pins
- Unpicker
- Air dissolvable marker
- Sharp scissors
- Rotary cutter
- Cutting mat
- Bobbin and case
- Black Thread
- White Thread

Optional items:

- Pattern weights
- Pattern master

Machinery requirements:

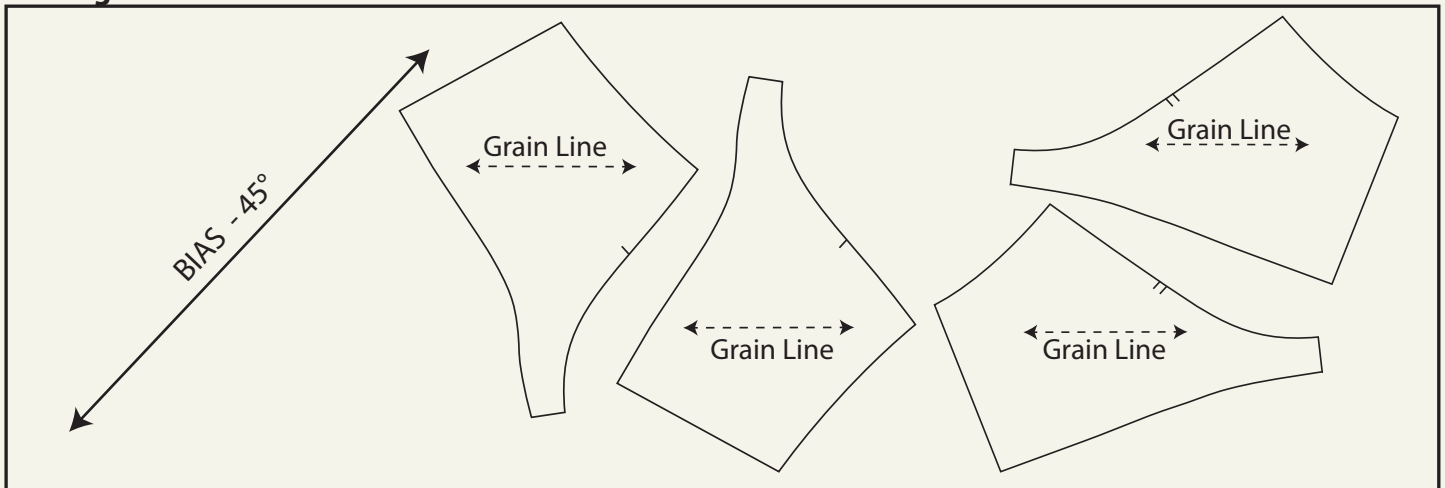
- Lockstitch machine
- Overlocker
- Zig Zag
- Iron

Add all items students will need to complete the garment.
Be mindful about the cutting instructions and ensure they are accurate and could be followed if cut at home

Cutting instructions:

- Use sharp scissors / rotary blade with a cutting mat underneath.

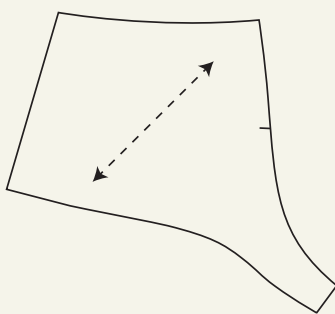
Cutting on the BIAS



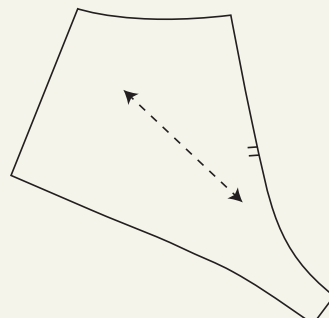
SELVEDGE - "self-finished" edge of a piece of fabric - the grain line follows this.

Cut piece requirements:

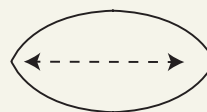
Cut 1 x 10mm width elastic, 60cm long.



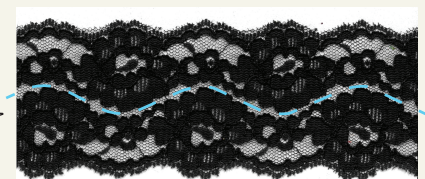
Front panel - 1 NOTCH
cut 1 pair in satin
ON THE BIAS



Back Panel - 2 NOTCHES
cut 1 pair in satin
ON THE BIAS



Gusset
Cut 1 in cotton



Lace Trim -
Cut down the middle to
create left and right peice.

Order of Assembly

Symbol key:



Right side of fabric



Wrong side of fabric



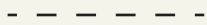
Press / Iron



Cut / Trim



Cut Line



Lockstitch



Overlock



One Step Zig Zag



Three Step Zig Zag



Pin



Previous Stitch

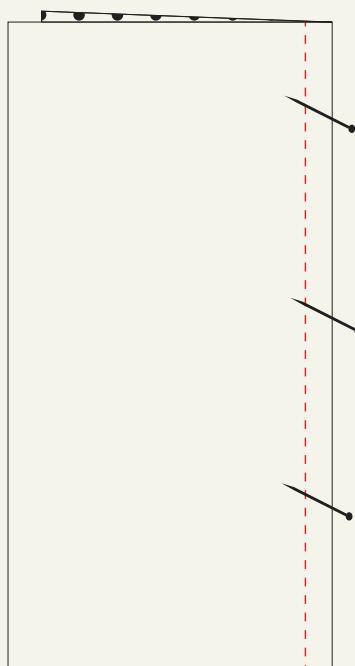
Current Stich

Please ensure the same brushes/
symbol key are used for consistency

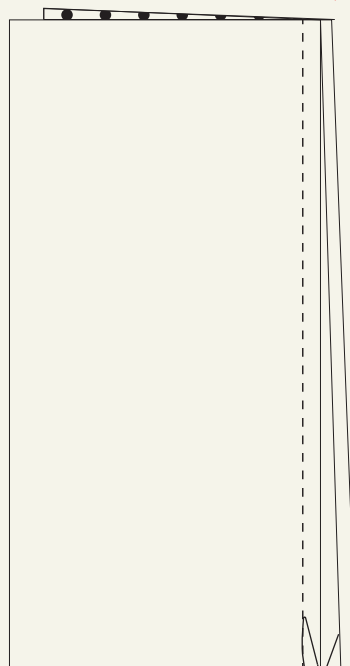
Front rise - french seam

1. Pin wrong sides together, lock stitch with 5mm seam allowance.
2. Trim 2-3mm seam allowance with small sharp scissors.
3. Pin right sides together, lock stitch with 5mm seam allowance.

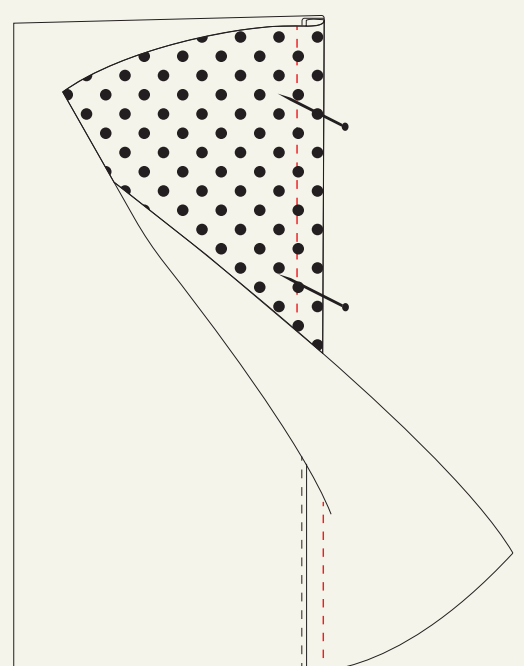
Keep instructions simple, clear, and
in small chunks. annotate with
drawings or photographs



1



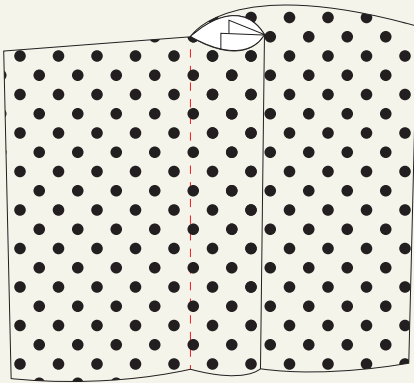
2



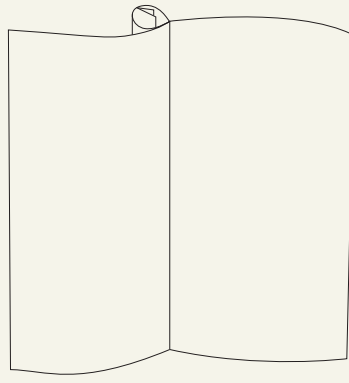
3

Back rise - french seam

4. Repeat for back rise.
5. Press (Iron) front and back rise seams towards the Left to avoid thickness at crotch.



Inside view



Outside view



French seam video tutorial

Side seams - french seam

6. Repeat the process (Go back to steps 1-3) for the side seams.
7. Press side seams towards the back.

Insert photographs of method here

We are offering three ways to learn

- Drawings
- QR video link
- Photographs

Repeat for all stages

On the final page, include finished garment images, a how to measure and diagram. To help students become familiar with industry standards.

MMT Point	Approx. Finished measurements	SIZE 12
A.	Front Waist - side seam to side seam	32.0
B.	Back Waist - side seam to side seam.	30.0
C.	Front Rise - top of waist to crotch seam.	33.5
D.	Back Rise - top of waist to crotch seam.	34.5
E.	Side Seam- top of waist to valley of lace	17.5
F.	Front leg - along valley of lace, side seam to side seam	37.5
G.	Back leg - along valley of lace, side seam to side seam	37.0

